



Sailing Instructions

The Northeast Harbor Race

To be held over Labor Day Weekend 9/4-9/6 2009

INVITATION

The Gulf of Maine Station of The Storm Trysail Club and the Boston Station of the Cruising Club of America cordially invite you to participate in the Northeast Harbor Race on Labor Day weekend.

Hosts

Portland Yacht Club, Centerboard Yacht Club and the Northeast Harbor Fleet.

Sponsors

This event is sponsored by **Maine Yacht Center** of Portland, Maine and the **Kimball Terrace Inn** of Northeast Harbor, Maine.

VENUE

Maine Yacht Center(MYC) in Portland, Maine will host pre-race events. The race will be started southeast of Clapboard Island in Casco Bay and will finish in Northeast Harbor.

SCHEDULE OF EVENTS

Friday, September 4th, 2009

1000-1100: Sailors Continental Brunch @ MYC

1100: Skippers Meeting

1300: Warning Gun, First Class

Sunday, September 6th, 2009

9:00: Brunch and Results at the Mainsail Restaurant – Kimball Terrace Inn Northeast Harbor

GENERAL INFORMATION

Free dockage for visiting yacht only will be provided by MYC monitoring VHF Ch 09. Moorings can also be found at Portland Yacht Club in Falmouth and Centerboard Yacht Club in South Portland. Public anchoring is available off Fish Point in Portland near mark "1", FI G 4s(N43 39.897 W70 14.146)

Out of town race participants who plan to be in Portland on the evening of Thursday the 3rd are invited to participate in PYC's Thursday Night Race Series, information on which is available at the following link: <http://www.regattapromotions.com/portland-yacht-club-race-series.html>.

While in Northeast Harbor: Participants should arrange lodging and moorings or dockage prior to the race. The appendix includes relevant contact information. The Kimball Terrace Inn has reserved a block of rooms for racers until August 1st. Participants are encouraged to plan early.

Return Transportation from Northeast Harbor: Should we receive sufficient interest, the organizers will attempt to arrange a bus charter from Northeast Harbor for Sunday.

FEES and REGISTRATION

We encourage competitors to register online at <http://www.regattapromotions.com/nhr/northeast-harbor-race.html>. If you can't register online, please call Carter White at Regatta Promotions at 207-671-7750.

The entry fee is based on class and size of boat. A set number of tickets for the Sunday morning brunch will be given to each skipper based on size of boat and class. Additional tickets can be purchased for \$18 in advance. See the link above for more info.

RACING INFORMATION

RULES: These races will be governed by the Racing Rules of Sailing 2009-2012 as adopted by US SAILING, the prescriptions of US SAILING, this Notice of Race, and the Sailing Instructions, which will be available on-line at <http://www.regattapromotions.com/nhr/northeast-harbor-race.html> after July 8th, 2009 and at the Skippers Meeting.

ELIGIBILITY: The Race is open to any yacht holding a valid PHRF-NE, IRC or NEMA rating certificate. Entrants in the IRC division with ratings of 1.080 and above, (approximately equivalent to PHRF 50 and below), must have endorsed certificates. A copy of the yacht's rating certificate must accompany the entry. **Provisional PHRF certificates will be assigned for boats that have no certificate. Please see the website for more info.**

All entrants in all races must be equipped in accordance with the 2008-2009 ISAF Special Regulations, Category 3. Please note these regulations do not require life rafts for any class. These regulations are available on the web at [http://www.sailing.org/tools/documents/OSR2008_Mo3_181207-\[4345\].pdf](http://www.sailing.org/tools/documents/OSR2008_Mo3_181207-[4345].pdf)

Electronic navigational aids such as satnav, GPS, loran, radar, depth sounders and the like will be allowed in the interest of safety. Radios and telephones will be allowed for personal messages to the shore, but not ship-to-ship except in emergency situations. Radios and telephones are not to be used for the purpose of acquiring information that

will afford a participant an advantage over competitors. EPIRB's are strongly recommended.

CLASSES: Classes will include Racing, Multihull, Cruising (non-Spinnaker) and Double-handed divisions. The official rating breaks and number of classes for each race is at the discretion of the Race Committee and will be announced at the Skippers Meeting. The Race Committee may also assign a yacht with a rating substantially different from those of other yachts in its desired class to a class more likely to assure competitive racing.

All member yachts of the Gulf of Maine Ocean Racing Association are eligible for points toward their season trophies (see www.gmora.org for more information).

COURSES:

Racing and Multi-hull Divisions:

The starting line will be southeast of Clapboard Island in Casco Bay.
G "3" Fl 4s Gong Hussey Sound to starboard
RW "P" southwest of Cape Elizabeth [43 31.6N, 70 05.5W] leave to port
Mile Ledge R20 ML Q.R. Bell (South of Sequin Island) leave to port
Monhegan Island leave to port
Matinicus Rock - Fl 10s horn 90ft 20M leave to port
Mt. Desert Rock – Fl 15s 75ft 24M leave to port
C "1" Southeast of Bakers Island – Fl 10s 105ft 10M leave to port
Little Cranberry Island and Sutton Island to port towards Eastern Way
Finish at R10 Bell south of Bear Island leave to starboard
Take your finish time when R10 bears 005 degrees magnetic

Cruising and Double Handed Divisions

The starting line will be southeast of Clapboard Island in Casco Bay.
G "3" Fl 4s Gong Hussey Sound to starboard
Outer Green Island leave to port
Halfway Rock leave to port
Mile Ledge R "20ML" Q.R. Bell (south of Sequin Island) leave to port
Monhegan Island leave to port
Matinicus Rock - Fl 10s horn 90ft 20M leave to port
Great Duck & Little Duck leave to port
C "1" Southeast of Bakers Island – Fl 10s 105ft 10M leave to port
Little Cranberry Island and Sutton Islands leave to port towards Eastern Way
Finish at R10 Bell south of Bear Island leave to starboard
Take your finish time when R10 bears 005 degrees magnetic

TIME LIMIT:

There will be no time limit. There may be a race committee boat on station. **Racers will be required to record and report their finish times using GPS time. Finishing times should be recorded on your scoring card which should be turned in to the reception desk at the Kimball Terrace Inn within 30 minutes of finishing.**

Starting Sequence:

PHRF Racing, Cruising Divisions and Double-handed Divisions will start first at the same time. The Division Flag will be a large white flag with the letter "A" in blue.

Multi-hull Division will start second. The Division Flag will be a large blue flag with the letter "B" in white.

Races shall be started using the following signals. Times shall be taken from the visual signals. The absence of a sound signal shall be disregarded. **All yachts not starting should stay clear of the starting area.**

The Race Committee shall have the option to impose a 10% scoring penalty on any yacht that interferes with the start of another class

<u>Signal</u>	<u>Flag and Sound</u>	<u>Minutes before starting signal</u>
Warning	Division Flag; 1 Sound	5
Preparatory	Code Flag "P", "I", "Z", or Black Flag; 1 Sound	4
One-minute	Preparatory Flag Removed; 1 Long Sound	1
Starting	Division Flag Removed; 1 Sound	0

RECALLS:

Individual recalls will be signaled in accordance with RRS 29.1, Code Flag "X" with one sound signal. The Committee **may** attempt to hail the yacht on VHF Channel 78. General Recalls will be signaled in accordance with RRS 29.2, Code Flag "First Substitute" with two sound signals.

Penalties:

All yachts are required to observe the current Racing Rules of Sailing. The two-turn penalty, RRS 44.2, shall be in effect for an infraction of the rules. Yachts that have taken a penalty shall report that they took the penalty to the Race Committee at the finish of the race.

In the event of a protest, protesting yachts shall notify the offending boat and fly a red protest flag as soon as is practicable after the incident.

Protest forms shall be in writing and delivered to the reception desk at the Kimball Terrace Inn within 60 minutes after their finish. A hearing will be held as soon as possible. It is the responsibility of each party involved in a protest to remain in the vicinity of the Yacht for proceedings.

Scoring

All boats will be scored based on Time on distance. The race committee will be utilizing GPS time for starting and finishing times. There will be no time limit.

WITHDRAWALS:

Yachts withdrawing from a race **MUST** notify S/Vs Cordelia or Peregrine as soon as possible by radio on VHF Channel 78.

AWARDS

Awards will be given to the top two finishers in each division. Awards will be presented at the annual GMORA Awards Banquet in the fall. If you are not able to attend this event the award will be mailed. You will receive an invitation to the GMORA Awards Banquet when the date and time is announced.

RESPONSIBILITY

The safety of a boat and its crew is the sole and inescapable responsibility of the Skipper who must ensure that the boat is fully sound, thoroughly seaworthy and manned by an experienced and physically capable crew. Neither the establishment of regulations or inspection of a boat in any way limits or reduces the complete and unlimited responsibility of the Skipper.

It is the sole and inescapable responsibility of the Skipper of each boat to decide whether or not to start or continue in any race.

The Organizing Authorities of this race do not accept responsibility for loss of life or injury to participants or others, or for the loss or damage to any vessel in any way or from any cause during or related to this event.

LIMITATION OF LIABILITY:

By participating in this event, each yacht acknowledges that The Storm Trysail Club, the Cruising Club of America, the Portland Yacht Club, The Northeast Harbor Fleet, Northeast Sailing Association, New England Yacht Racing Council, Regatta Promotions and US SAILING ASSOCIATION, their officers, members and employees shall not be liable in any way for any property damage or personal injury resulting from or connected with this race.

Changes to the sailing instructions

Any amendments to the Sailing Instructions will be announced at the skippers meeting at 11:00am Friday morning, September 4th, 2009.

Appendix: Northeast Harbor Services

Main Contact for moorings:

Northeast Harbor Moorings

Keri 244-0481 or 460-1581 on Saturday also VHF Channel 9

Launch Service – Northeast Harbor Fleet

VHF Channel 65 - Morgan

Northeast Harbor Marina

207-276-5737

Mount Desert Yacht Yard

207-276-5114

Clifton Dock

gas, diesel, water, no slips

207-276-5308

Water Taxi

John Dwelley

244-5724

Transportation from Bar Harbor points south

Concord Coach Bus Company

From Bangor points south

1-800-639-3317

Greyhound Bus Company

From Bangor points south

1-800-231-2222

Bar Harbor-Bangor Shuttle

From Bar Harbor and Somesville to Bangor

207 479-5911

Lodging

Kimball Terrace Inn

Huntington Rd.

Northeast Harbor

207-276-3383

As of September 1, 2009